

Summer, 2023 Schedule



Times	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6-6:45am	Lap/Open Swim	Closed	Lap/Open Swim	Closed	Lap/Open Swim	Closed
7-7:45am	Lap/Open Swim	Closed	Lap/Open Swim	Closed	Lap/Open Swim	Closed
8-8:45am 8:30-9:15am	Splash Aerobics Lap Swim Cycling	Closed	Splash Aerobics Lap Swim Cycling	Closed	Splash Aerobics Lap Swim	Splash Aerobics Lap Swim
9-9:45am	Lap Swim Swim Lessons	Lap Swim Swim Lessons	Lap Swim Swim Lessons	Lap Swim Swim Lessons	Lap Swim Open Swim	Lap Swim Open Swim
10-10:45am	Lap Swim Swim Lessons	Lap Swim Swim Lessons	Lap Swim Swim Lessons	Lap Swim Swim Lessons	Lap Swim Open Swim	Lap Swim Open Swim
11-12:00pm	Lap Swim Open Swim	Deep Water Aerobics Lap Swim	Lap Swim Open Swim	Splash Lap Swim	Lap Swim Open Swim	Closed
12-12:45pm	Closed	Closed	Open Swim	Closed/Private Rentals	Closed	Closed
1:00-2:00pm	Closed	Closed	Open Swim	Closed/Private Rentals	Closed	Closed
2:00-3:30pm	Closed	Closed	Closed	Closed	Closed	Closed
3:30-4:30pm	Lap Swim Open Swim	Lap Swim Swim Lessons	Closed	Lap Swim Swim Lessons	Closed	Closed
4:30-5:30pm	Lap Swim Open Swim	Lap Swim Swim Lessons	Closed	Lap Swim Swim Lessons	Closed	Closed
5:30-6:30pm	Lap Swim Open Swim	Lap Swim Swim Lessons	Closed	Lap Swim Swim Lessons	Closed	Closed
6:15-7:15pm	Hatha Yoga	Lap Swim/Swim Lessons Deep Water Aerobics Cycling	Closed	Lap Swim Swim Lessons Deep Water Aerobics Gentle Yoga	Closed	Closed

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We encourage everyone to register in advance, however you may “walk-in” and if there are spots available we will be able to accommodate you.

How to Sign Up: Go to Howellschools.com/community -- Highlander Aquatic and Fitness Center -- Reserve your spot -- link -- Sign in or sign up or not a member make a booking. Or Call us at 517-540-8087 Or use the QR code at the bottom

	One Time or Drop in Rate	8 Pack Session	10 Pack Session	Memberships <i>*Coming soon</i>
Lap Swim	\$5.00	---		\$45 monthly unlimited
Open Swim	\$5.00	---	\$45	
Deep Water Aerobics	\$8.00	\$48		
Splash Aerobics	\$8.00	\$48		
Deep and Splash	\$8.00	\$48		
Swim Lessons	unavailable	\$125-\$172		
Cycling	\$10	\$56		
Yoga	\$10	\$56		

Our Session packs never expire

Cancellation policy, if you pre-register and cancel 6 hours or more before there are no cancellation fees, within 6 hours you will be charged half the cost of the event you are scheduled for per person.

Note: Open swim times may vary depending on the day. They may also be only available in the shallow end of the pool if there is another activity going on in the deep water. Pre-registration may be required in order to remain open during the evening hours.



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Event	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lap Swim	6-11:45pm 3:30-6:45pm	9am-11:45pm 3:30-6:45pm	6-11:45pm 3:30-6:45pm	9am-11:45pm 3:30-6:45pm	6am-11:45am	8am-11am
Open Swim	6-8am 11-11:45am 3:30-6:45pm		6-8am 11:15-2pm		6-8am 9am-11:45am	9am-11am
Splash Aerobics	8-8:45am		8-8:45am	11-11:45am	8-8:45am	8:00-8:45am
Deep Water		11-11:45am 6:00-6:45pm		6-6:45pm		
Swim Lessons	9-11:15am	9-11:15am 3:30-6pm	9-11:15am	9-11:15am 3:30-6pm		
Spin	8:30-9:15am	6-6:45pm			8:30-9:15am	
Yoga	6:15-7:15pm			6:15-7:15pm		

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